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EYE TEST CHART

- If you are already wearing glasses, remove them.
- Read down the chart below from your normal reading distance, about 14in (35.5cm).
- When you have reached the last line that can be read clearly, note the dioptre figure on the right.
- The dioptre value indicates the strength of the lens that you require.

	DIOPTRE
LETTERS SHOULD BE 8 MM HIGH	+4.00
THESE LETTERS SHOULD BE 6.75 MM HIGH	+3.50
THESE LETTERS SHOULD BE 6 MM HIGH	+3.00
THESE LETTERS SHOULD BE 4.5 MM IN HEIGHT WHEN PRINTED	+2.50
THESE LETTERS SHOULD BE 4MM IN HEIGHT WHEN PRINTED	+2.25
THESE LETTERS SHOULD BE 3.5 MM IN HEIGHT WHEN PRINTED	+2.00
THESE LETTERS SHOULD BE 3 MM IN HEIGHT WHEN PRINTED	+1.75
THESE LETTERS SHOULD BE 2.5 MM IN HEIGHT WHEN PRINTED	+1.50
THESE LETTERS SHOULD BE 2 MM IN HEIGHT WHEN PRINTED	+1.25

With Compliments
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